



Warwick Workouts

Advanced Offensive Player Development Camps and Clinics

Powered by Avera Sports

High School Boys/Girls Post Workouts

Location: Avera Sports Center (85th & Minnesota)

Cost: \$75 *Payment is collected online at time of registration.*

Athletes will receive a Warwick Workout T-shirt.

Post workouts focus on low post moves, shooting technique, attacking players from the high post, offensive and defensive footwork and much more.

Sunday, April 12 th	7:30-8:30
Sunday, April 26 th	7:30-8:30
Sunday, May 3 rd	7:30-8:30
Sunday, May 10 th	7:30-8:30
Sunday, May 17 th	7:30-8:30

****No workouts on April 19th**

Numbers are limited to a maximum of 12 athletes.

Register online at
www.warwickworkouts.com

Find your session under the register for workouts tab

Contact Kris Warwick or Cody Schilling with questions about workouts

Email: warwickworkouts@gmail.com

Cell: Kris (605)391-6700 or Cody (712)461-2316

WHERE CHAMPIONS TRAIN.